


Tahoma School District - Elementary Breakfast & Lunch Menus

April 2018

Students may pre-order, a day in advance, the following lunch choices: Yogurt Lunch (yogurt, string cheese, and cinnamon graham crackers), Chicken Ranch Salad, and Deli Sandwich. Order forms are available in all elementary school cafeterias. Menu subject to change. **Daily Milk Choices:** 1% White and Fat Free Chocolate. Milk \$0.60

PRICES: BREAKFAST Students \$1.75, Adults \$2.75. **LUNCH** Students \$2.75, Reduced price meals (grades 4-12) \$0.40, Adults \$4.50 *"This institution is an equal opportunity provider."*

MONDAY	TUESDAY	WASTE-FREE WEDNESDAY	THURSDAY	FRIDAY
Buttermilk Donut Bar Yogurt Fruit Milk Juice	Mini Maple Pancakes Fruit Milk Juice	Whole Grain Cinnamon Roll Banana Milk Juice	Cinnamon Glazed French Toast Fruit Milk Juice	Blueberry Mini Waffle Fruit Milk Juice
2	3	4	5	6
Big Daddy's Cheese Pizza Warm Cinnamon Sliced Apples Romaine Salad Fruit and Veggie Bar	Cheeseburger Choc.Bear Graham Peaches Cherry Tomatoes Fruit and Veggie Bar	Chicken Nuggets with BBQ sauce Ranch Mashed Potatoes & Roll Broccoli Pears Fruit and Veggie Bar	Super Nachos Tortilla Chips and Turkey Taco Meat Shredded Cheese & Black Beans Jungle Graham Fruit and Veggie Bar	Corn Dog * Potato Wedges Mixed Fruit Fruit and Veggie Bar <i>*made with chicken</i>
9	10	11	12	13
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
Pop Tart Yogurt Fruit Milk Juice	Mini Maple Pancakes Fruit Milk Juice	Whole Grain Cinnamon Roll Banana Milk Juice	Hardboiled Egg & Blueberry Muffin Fruit Milk Juice	Blueberry Mini Waffle Fruit Milk Juice
16	17	18	19	20
Big Daddy's Pepperoni Pizza Applesauce Cup Romaine Salad Fruit and Veggie Bar	Chicken Burger Potato Wedges Fresh Orange Wedges Fruit and Veggie Bar	Brunch for Lunch French Toast Sticks w/ Syrup Cheese Omelet Peaches Fruit and Veggie Bar	Mac & Cheese Green Beans Keebler Bug Bites Fresh Apple Slices Fruit and Veggie Bar	Chicken Nuggets with BBQ sauce Seasoned Fries Goldfish Crackers Mixed Fruit Fruit and Veggie Bar
Buttermilk Donut Bar Yogurt Fruit Milk Juice	Mini Maple Pancakes Fruit Milk Juice	Whole Grain Cinnamon Roll Banana Milk Juice	Yum-Yum Breakfast Sliders Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice
23	24	25	26	27
Big Daddy's Cheese Pizza Peaches Baby Carrots Fruit and Veggie Bar	Taco Salad Edibowl & Taco Seasoned Chicken Shredded Cheese, Black Beans & Salsa Pineapple Chunks Fruit and Veggie Bar	Sloppy Joe Sandwich Hashbrown Rounds Fresh Orange Wedges Fruit and Veggie Bar	Chicken Alfredo & Garlic Toast Broccoli Strawberries Fruit and Veggie Bar	Mozz. Bread Sticks Spaghetti Sauce Pears Sliced Cucumbers Fruit and Veggie Bar
Pop Tart Yogurt Fruit Milk Juice				
30			<u>Free and Reduced Meal Application</u> <i>forms for school year 2017-2018 are available in your school's office, the nutrition services office, and on-line.</i>	<u>Alimentos Gratuitos y Reducidos</u> <i>Se deben presentar nuevas solicitudes cada año. Las solicitudes estan disponibles en la oficina de su escuela, oficina de Servicios de Nutricion, o en linea.</i>