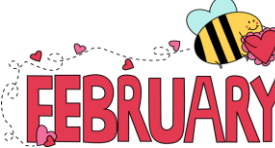


Tahoma School District - Elementary Breakfast & Lunch Menus

February 2018

Students may pre-order, a day in advance, the following lunch choices: Yogurt Lunch (yogurt, string cheese, and cinnamon graham crackers), Chicken Ranch Salad, and Deli Sandwich. Order forms are available in all elementary school cafeterias. Menu subject to change. **Daily Milk Choices:** 1% White and Fat Free Chocolate. Milk \$0.60

PRICES: BREAKFAST Students \$1.75, Adults \$2.75. **LUNCH** Students \$2.75, Reduced price meals (grades 4-12) \$0.40, Adults \$4.50 **"This institution is an equal opportunity provider."**

MONDAY	TUESDAY	WASTE-FREE WEDNESDAY	THURSDAY	FRIDAY
			Cinnamon Glazed French Toast Fruit Milk Juice	Breakfast Sliders Fruit Milk Juice
		 FEBRUARY	1 Super Nachos Tortilla Chips & Seasoned Chicken Peaches Fruit and Veggie Bar	2 Cheeseburger Potato Smiles Mixed Fruit Fruit and Veggie Bar
Buttermilk Donut Bar Yogurt Fruit Milk Juice	Mini Maple Pancakes Fruit Milk Juice	Whole Grain Cinnamon Roll Banana Milk Juice	Hard Boiled Egg & Blueberry Muffin Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice
5 Big Daddy's Pepperoni Pizza Warm Cinnamon Sliced Apples Baby Carrots Fruit and Veggie Bar	6 Sloppy Joe Sandwich Potato Wedges Fresh Orange Wedges Fruit and Veggie Bar	7 Brunch For Lunch French Toast Sticks with Syrup Cheese Omelet Blueberries Fruit and Veggie Bar	8 Chicken Nuggets Ranch Mashed Potatoes & Garlic Toast Fresh Apple Slices Fruit and Veggie Bar	9 Chicken Burger Tater Tots Pears Fruit and Veggie Bar
Pop Tart Fruit Milk Juice	Mini Maple Pancakes Fruit Milk Juice	Whole Grain Cinnamon Roll Banana Milk Juice	Hard Boiled Egg & Banana Muffin Fruit Milk Juice	Breakfast Sliders Fruit Milk Juice
12 Big Daddy's Cheese Pizza Peaches & Apricots Applesauce Fruit and Veggie Bar	13 Super Nachos Tortilla Chips & Turkey Taco Meat Fresh Orange Wedges Fruit and Veggie Bar	14 Chicken Nuggets Potato Smiles Strawberries Fruit and Veggie Bar Valentine Cookie	15 Barilla Pasta & Spaghetti Sauce Cheesy Bread Stick Fruit Juice Fresh Apple Slices Fruit and Veggie Bar	16 Chicken Teriyaki & Rice Peaches Edamame Fruit and Veggie Bar Presidents Cookie
19 Presidents Day	20 Mid-Winter Break	21 Mid-Winter Break	22 Mid-Winter Break	23 Mid-Winter Break
Buttermilk Donut Bar Yogurt Fruit Milk Juice	Mini Maple Pancakes Fruit Milk Juice	Whole Grain Cinnamon Roll Banana Milk Juice		
26 Big Daddy's Pepperoni Pizza Green Beans Applesauce Fruit and Veggie Bar	27 BBQ Pork Rice Bowl Fruit Juice Sliced Cucumbers Fresh Orange Wedges Fruit and Veggie Bar	28 Brunch For Lunch French Toast Sticks with Syrup Cheese Omelet Blueberries Fruit and Veggie Bar	<u>Free and Reduced Meal Application</u> <i>forms for school year 2017-2018 are available in your school's office, the nutrition services office, and on-line.</i>	<u>Alimentos Gratuitos y Reducidos</u> <i>Se deben presentar nuevas solicitudes cada año. Las solicitudes estan disponibles en la oficina de su escuela, oficina de Servicios de Nutricion, o en linea.</i>