


Tahoma School District - Elementary Breakfast & Lunch Menus

January 2018

Students may pre-order, a day in advance, the following lunch choices: Yogurt Lunch (yogurt, string cheese, and cinnamon graham crackers), Chicken Ranch Salad, and Deli Sandwich. Order forms are available in all elementary school cafeterias. Menu subject to change. **Daily Milk Choices:** 1% White and Fat Free Chocolate. Milk \$0.60

PRICES: BREAKFAST Students \$1.75, Adults \$2.75. **LUNCH** Students \$2.75, Reduced price meals (grades 4-12) \$0.40, Adults \$4.50 *"This institution is an equal opportunity provider."*

MONDAY	TUESDAY	WASTE-FREE WEDNESDAY	THURSDAY	FRIDAY
		Pop Tart Fruit Milk Juice	Banana Choc. Bar Fruit Milk Juice	Breakfast Pizza Bagel Fruit Milk Juice
1 	2 Winter Break	3 Big Daddy's Cheese Pizza Green Beans Applesauce Fruit and Veggie Bar	4 Chicken Thai Sweet Chili & Rice Mandarin Oranges Edamame Fruit and Veggie Bar	5 Hamburger Potato Smiles Fresh Apple Slices Fruit and Veggie Bar
Buttermilk Donut Bar Yogurt Fruit Milk Juice	Mini Maple Pancakes Fruit Milk Juice	Whole Grain Cinnamon Roll Banana Milk Juice	Fruit Pocket Fruit Milk Juice	Breakfast Wrap with Egg & Cheese Fruit Milk Juice
8 Big Daddy's Pepperoni Pizza Pears Celery Sticks Fruit and Veggie Bar	9 Mozz. Bread Sticks Spaghetti Sauce or BBQ Pulled Pork Sandwich Fresh Orange Wedges Fruit and Veggie Bar	10 Brunch For Lunch French Toast Sticks with Syrup Cheese Omelet Blueberries with Whipped Topping Fruit and Veggie Bar	11 Mac & Cheese Garlic Toast Mandarin Oranges Scooby Doo Fruit Snack Fruit and Veggie Bar	12 Chicken Burger Baked Fries Baby Carrots Fruit and Veggie Bar
	Pop Tart Fruit Milk Juice	Hard Boiled Egg & Blueberry Muffin Banana Milk Juice	Cinnamon Glazed French Toast Fruit Milk Juice	Breakfast Pizza Bagel Fruit Milk Juice
15 Martin Luther King Jr. Day	16 Big Daddy's Cheese Pizza Strawberries Edamame Fruit and Veggie Bar	17 Super Nachos Tortilla Chips & Turkey Taco Meat Sweet Steamed Corn Fruit and Veggie Bar	18 Barilla Pasta & Spaghetti Sauce Cheesy Bread Stick Fruit Juice Satsuma Fruit and Veggie Bar	19 Cheeseburger Tater Tots Peaches Fruit and Veggie Bar
Buttermilk Donut Bar Yogurt Fruit Milk Juice	Mini Maple Pancakes Fruit Milk Juice	Whole Grain Cinnamon Roll Banana Milk Juice	Fruit Pocket Fruit Milk Juice	Breakfast Wrap with Egg & Cheese Fruit Milk Juice
22 Big Daddy's Pepperoni Pizza Warm Cinnamon Sliced Apples Romaine Salad Fruit and Veggie Bar	23 Mozz. Bread Sticks Spaghetti Sauce or BBQ Pulled Pork Sandwich Sliced Cucumbers Fruit and Veggie Bar	24 Brunch For Lunch French Toast Sticks with Syrup Cheese Omelet Strawberries Fruit and Veggie Bar	25 Chicken Teriyaki & Rice Fruit Juice Fresh Orange Wedges Fruit and Veggie Bar	26 Chicken burger Baked Fries Pears Fruit and Veggie Bar
	Pop Tart Fruit Milk Juice	Hard Boiled Egg & Blueberry Muffin Banana Milk Juice		
29 No School Today	30 Big Daddy's Cheese Pizza Pineapple Chunks Celery Sticks Fruit and Veggie Bar	31 Chicken Nuggets Ranch Mashed Potatoes & Garlic Toast Sweet Red Bell Pepper Strips Fruit and Veggie Bar	Free and Reduced Meal Application <i>forms for school year 2017-2018 are available in your school's office, the nutrition services office, and on-line.</i>	Alimentos Gratuitos y Reducidos <i>Se deben presentar nuevas solicitudes cada año. Las solicitudes estan disponibles en la oficina de su escuela, oficina de Servicios de Nutricion, o en linea.</i>