



WORKOUT WEDNESDAY

permission slip

STAY ACTIVE & EARN REWARDS!

Weather permitting, students are invited to move around the outdoor track during lunch recess every Wednesday.

As participants accumulate miles, they earn reward tokens and track their progress as an individual and as a class.

If your child would like to participate in this FREE program, please return this permission slip to your child's teacher.

CHILD'S NAME _____

GRADE _____ TEACHER _____

My child has my permission to participate in Workout Wednesdays at Shadow Lake Elementary School.

PARENT/GUARDIAN SIGNATURE _____

MY CHILD MUST WALK.

-> Find out more information on our new website here:

<https://shadowlakepta.org/workout-wednesday/>

-> Want to volunteer to cheer kids on and keep track of their laps?! Be sure to fill out the volunteer form included in this pack.

-> Questions?! Email the WOW team at wow.sles4@gmail.com.

For the Workout Wednesday Team - Date Received _____ Date 1st Contacted _____



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